

Virtual Thyroid!

The USC Peter A. Singer
Thyroid Symposium 2021

Saturday
June 5, 2021

7:30 am-1:15 pm

Virtual Conference



Presented by:
USC Thyroid Center and the
USC Office of Continuing Medical Education

Keck School of
Medicine of **USC**

PROGRAM

7:30 am **Forum Opens**

8:00 am **Welcome and Announcements**

Caroline T. Nguyen, MD and Trevor E. Angell, MD

Main Session

Moderators: Trevor E. Angell, MD and Caroline T. Nguyen, MD

8:10 am **Clinical Update: What's New in the Management of Hyperthyroidism?**

David S. Cooper, MD

8:35 am **Doc, I Want to Get Pregnant: Preconception Counseling of the Thyroid Patient**

Caroline T. Nguyen, MD

9:00 am **Thyroid Emergencies: When it Really Is the Thyroid!**

Jonathan S. LoPresti, MD, PhD

9:25 am **Questions and Answers** *with the Panel*

9:40 am **Break**

9:45 am **Perplexing TFT's: What to Do When the Labs Confuse**

Michael T. McDermott, MD

10:10 am **Managing Thyroid Cancer: Time for a Guidelines Update?**

Stephanie Smooke Praw, MD

10:35 am **Thyroid Grand Rounds I-Stump the Professors, An Interesting Case From the University of Colorado**

Michael T. McDermott, MD and the Panel

11:00 am **Questions and Answers** *with the Panel*

11:15 am **Break**

11:40 am **More Than T4: What You Need to Know About Alternative Forms of Thyroid Hormone Replacement**

Jacqueline Jonklaas, MD

12:05 pm **Beyond the Basics: Using Thyroglobulin in 2021**

Carole A. Spencer, PhD

12:30 pm **A Metabolic Syndrome? - The Thyroid Cancer-Obesity Connection**

Trevor E. Angell, MD

12:55 pm **Questions and Answers** *with the Panel*

1:10 pm **Closing Remarks**

Caroline T. Nguyen, MD and Trevor E. Angell, MD

1:15 pm **Adjourn**

FACULTY

COURSE DIRECTORS

Trevor E. Angell,

Assistant Professor of Clinical Medicine
Associate Medical Director,
USC Thyroid Diagnostic Center
Division of Endocrinology and Diabetes
Keck Medical Center of USC
Los Angeles, CA

Caroline T. Nguyen, MD

Assistant Professor of Clinical Medicine
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Division of Endocrinology and Diabetes
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KECK SCHOOL OF MEDICINE OF USC

Jonathan S. LoPresti, MD, PhD

Associate Professor of Clinical Medicine
Division of Endocrinology and Diabetes

Carole A. Spencer, PhD, FACB

Professor of Research Medicine
Director, USC Endocrine Laboratory
Division of Endocrinology and Diabetes

GUEST FACULTY

David S. Cooper, MD, MACP

Professor of Medicine and Radiology
John Hopkins University
School of Medicine
Baltimore, MD

Jacqueline Jonklaas, MD

Professor of Endocrinology & Metabolism
Director, Clinical Research Unit
Division of Endocrinology
Georgetown University School of Medicine
Washington, DC

Michael T. McDermott, MD

Professor of Medicine and Clinical Pharmacy
Department of Medicine
University of Colorado at Denver
Director, Endocrinology and Diabetes Practice
University of Colorado Hospital
Aurora, CO

Stephanie Smooke Praw, MD

Associate Clinical Professor
Division of Endocrinology
Program Director
UCLA-VA Endocrine Fellowship
David Geffen School of Medicine of UCLA
Los Angeles, CA

COURSE DESCRIPTION

Continuing the tradition of dedication to providing a comprehensive and current update in the management of thyroid disease, USC presents *Virtual Thyroid!* The USC Peter A. Singer Thyroid Symposium in 2021. Throughout its history, this symposium has sought to educate and foster enthusiasm about thyroid care in an increasingly complex and evolving field.

The program presents forward-looking perspectives representing the most current state of thyroid medicine and what the future is likely to hold. Clinical care of patients with thyroid disorders is increasingly complex and informed by evidenced-based management strategies. New options now abound for many important thyroid conditions.

For 2021, the program takes on areas of recent advancement and current debate, including the long-term management of hyperthyroidism, thyroid emergencies, pre-pregnancy management, thyroid cancer management, and alternative thyroid hormone replacements.

Presentations combining evidence-based medicine and clinical experience, challenging cases, and panel discussions from audience questions will help inform practice decisions in an era of complex clinical problems.

EDUCATIONAL OBJECTIVES

By the end of the course, participants will be able to:

- Develop an approach to perplexing thyroid function test results.
- Diagnose and treat thyroid emergencies.
- Provide preconception counseling to the thyroid patient desiring pregnancy.
- Appreciate new data beyond the guideline-based management of thyroid cancers.
- Utilize thyroglobulin measurement in the management of thyroid cancer.
- Examine alternative thyroid hormone replacement other than levothyroxine.
- Provide a clinical update on the treatment of hyperthyroidism.
- Evaluate the data regarding thyroid cancer and obesity.

TARGET AUDIENCE

This course is intended for endocrinologists, primary care providers, fellows and other healthcare professionals seeking to enhance their understanding of thyroid diseases and treatment options in order to select the optimal management for their patients.

Accreditation Statement

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 4.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 4.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number. Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION

Virtual Thyroid! The USC Peter A. Singer Thyroid Symposium 2021: June 5, 2021

Tuition: Registration closes June 5, 2021 at 9:00 am PDT.

- ☐ \$75 MD, DO
☐ \$50 NP/PA/RN/Allied Health Professionals
☐ \$25 Fellows/Residents/Students

Cancellation: Registration cancellations must be received by the USC Office of CME by fax or email only by May 28, 2021, 12:00 pm PDT for a refund. In support of health care professionals' need for flexibility during COVID-19, cancellation fees are waived for a full refund. In the event of course cancellation by conference organizers, all registration fees will be fully refunded.

Location: Virtual Conference

Register: Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA, 90033. Must be postmarked by May 28, 2021.

Online: keckusc.cloud-cme.com/thyroid2021

Phone: (213) 220-5168 | Fax: 1 (888) 665-8650

Email: uscme@usc.edu

Registration available the morning of the conference only until 9:00 am, PDT. Please visit keckusc.cloud-cme.com/thyroid2021. Payment will be accepted by credit card only for registration on June 5, 2021.

Name _____

Degree _____ Medical License Number _____

Telephone Number _____ Fax Number _____

Address _____

City _____ State _____ Zip Code _____

Specialty _____

Email Address* _____

Institutional Affiliation _____

* Registration confirmation and event reminder will be emailed.

METHOD OF PAYMENT

No cash accepted.

☐ Check

Make check payable to USC. Check payment must be postmarked by May 28, 2021.

☐ Credit Card (American Express, Mastercard or Visa only)

Credit Card Number _____

Expiration Date _____ Security Code _____

Authorized Signature _____ Amount \$ _____

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