



**Saturday, June 3, 2023**  
**HSC Conference Center**  
Hybrid Conference  
7:00 am - 2:30 pm

**The USC**  
**Peter A. Singer**  
**Thyroid Symposium 2023**

Keck School of Medicine of **USC**

*Presented By:*  
*USC Thyroid Center*  
*and USC Office of Continuing Medical Education*

# PROGRAM AGENDA

7:00 am **Live Registration Opens and Continental Breakfast**

7:45 am **Virtual Login Begins**

8:00 am **Directors' Welcome and Announcements**  
*Caroline T. Nguyen, MD*  
and *Trevor E. Angell, MD*

## **Session I: Benign Thyroid Diseases**

*Moderators: Trevor E. Angell, MD and Caroline T. Nguyen, MD*

8:10 am **To Treat or Not to Treat: Subclinical Hypothyroidism**

*Anne R. Cappola, MD, ScM*

8:35 am **A Confusing Time: Postpartum Thyroid Management**  
*Caroline T. Nguyen, MD*

9:00 am **Questions and Answers with the Speakers**

9:15 am **Risky Business: What Ultrasound Appearances Really Matter?**  
*Jennifer Sipos, MD*

9:40 am **It's Hot! Optimal Management of Functional Thyroid Nodules**  
*Jonathan S. LoPresti, MD, PhD*

10:05 am **Questions and Answers with the Speakers**

10:20 am **Break**

## **Session II: Thyroid Cancer Management and Consequences**

*Moderators: Caroline T. Nguyen, MD and Trevor E. Angell, MD*

10:35 am **Loud and Clear: Essentials for Vocal Care During and After Thyroid Surgery**

*Vaninder Dhillon, MD*

11:00 am **Systemic Therapy for Advanced Thyroid Cancer: When, What, and How?**  
*Mabel Ryder, MD*

11:25 am **Questions and Answers with the Speakers**

11:40 am **Lunch**

12:30 pm **Too Much or Not Enough: When to Use Radioactive Iodine for Differentiated Thyroid Cancer**  
*Victor Bernet, MD*

12:55 pm **Is it Possible? Thyroglobulin as a Tumor Marker after Lobectomy for Thyroid Cancer**  
*Trevor E. Angell, MD*

1:20 pm **Questions and Answers with the Speakers**

1:35 pm **Let's Hear from the Experts: Challenging Thyroid Cancer Cases from USC**

*Caroline T. Nguyen, MD*  
and *Trevor E. Angell, MD*

2:20 pm **Closing Remarks**  
*Caroline T. Nguyen, MD*  
and *Trevor E. Angell, MD*

2:30 pm **Adjourn**

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# FACULTY

## COURSE DIRECTORS

### **Trevor E. Angell, MD**

Associate Professor of Clinical Medicine  
Associate Medical Director  
USC Thyroid Diagnostic Center  
Division of Endocrinology and Diabetes  
Department of Medicine  
Keck School of Medicine of USC

### **Caroline T. Nguyen, MD**

Assistant Professor of Clinical Medicine  
and Obstetrics and Gynecology  
Division of Endocrinology and Diabetes  
Department of Medicine  
Keck School of Medicine of USC

## KECK SCHOOL OF MEDICINE

### Faculty

### **Jonathan S. LoPresti, MD, PhD**

Associate Professor of Clinical Medicine  
Director, USC Endocrinology Fellowship Training Program  
Division of Endocrinology and Diabetes  
Department of Medicine

## GUEST FACULTY

### Faculty

### **Victor Bernet, MD**

Professor, Mayo School of Medicine  
Director, Endocrinology, Diabetes  
and Metabolism Fellowship Program  
Mayo Clinic Florida  
Jacksonville, FL

### **Anne R. Cappola, MD, ScM**

Professor of Medicine  
Division of Endocrinology, Diabetes and Metabolism  
Director, Penn Medical Communication Research Institute  
Perelman School of Medicine at  
the University of Pennsylvania  
Philadelphia, PA

### **Vaninder Dhillon, MD**

Assistant Professor of Otolaryngology-  
Head and Neck Surgery  
Department of Otolaryngology-Head and Neck Surgery  
Johns Hopkins University School of Medicine  
Bethesda, MD

### **Mabel Ryder, MD**

Assistant Professor of Medicine  
Division of Endocrinology,  
Diabetes, Metabolism and Nutrition  
Mayo Clinic  
Rochester, MN

### **Jennifer Sipos, MD**

Professor of Medicine  
Vice Chair for Diversity, Equity & Inclusion,  
Department of Internal Medicine  
Division of Endocrinology & Metabolism  
Medical Director, Neuroendocrine Service Line  
Arthur G. James Comprehensive Cancer Center  
Columbus, OH

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## COURSE DESCRIPTION

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Continuing our dedication to providing a comprehensive and current update in the management of thyroid disease, USC presents the Peter A. Singer Thyroid Symposium in 2023.

This is again a hybrid program, offering options for either an in-person experience or virtual attendance. Clinical care of patients with thyroid disorders is a changing and increasingly complex practice. We will present forward-looking perspectives on the most current state of thyroid medicine informed by evidenced-based management strategies.

For 2023, we will highlight key areas of advancement and interest to both specialists and general providers, including subclinical hypothyroidism, optimizing your ultrasound assessment of nodules, postpartum thyroid disease, radioactive iodine use in the treatment of thyroid cancer, voice complaints after thyroidectomy, and more. Presentations combining evidence-based medicine, clinical experience, challenging cases, panel discussions and audience questions will help inform solutions to complex clinical scenarios.

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## COURSE OBJECTIVES

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By the end of the course, participants will be able to:

- Decide evidenced-based approach to patients with subclinical hypothyroidism.
- Examine ultrasound features of thyroid nodules and assess malignancy risk and indication for fine-needle aspiration biopsy.
- Select radioactive iodine treatment for patients with thyroid cancer based on current evidenced-based understanding of risk and benefits.
- Discuss the current use and limitations of thyroglobulin measurement for patients with differentiated thyroid cancer after hemithyroidectomy.
- Determine management for toxic thyroid nodules.
- Identify common vocal complaints after thyroidectomy and available treatments.
- Review the clinical indications and available systematic therapy options for patients with advanced thyroid cancers.
- Provide appropriate postpartum management of common thyroid conditions.

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## TARGET AUDIENCE

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This course is intended for endocrinologists, primary care providers, nurses and other allied health professionals. Head and Neck or Endocrine surgeons, and trainees seeking to enhance their understanding of thyroid diseases and treatment options in order to select optimal management for their patients.

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## ACCREDITATION STATEMENT

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The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## CREDIT DESIGNATION

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The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5.25 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

## REGISTRATION FORM

### The USC Peter A. Singer Thyroid Symposium 2023

Hybrid Conference - June 3, 2023

**Live or Virtual** Early-Bird Registration: Closes May 30, 2023 at 12:00 pm PDT

**Tuition:** Choose one: ☐ Live Attendance ☐ Virtual Attendance

☐ \$150 MD/DO ☐ \$100 NP/PA/APP ☐ \$100 RN/AH

☐ \$25 Students, Residents, Fellows

**On-Site Registration: June 3, 2023 at 7:00 am**

\$175 MD/DO \$125 NP/PA/APP \$125 RN/AH \$25 Students, Residents, Fellows

**Cancellation:** Cancellations must be received by the USC Office of CME (fax or email) by May 30, 2023, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied for requests received after May 30. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

**Location:** HSC Conference Center on the USC Health Sciences Campus  
2200 Trojan Way, Los Angeles, CA 90033

**Register:** **Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033  
Mail-in registration must be postmarked by May 30, 2023.  
**Online:** [keckusc.cloud-cme.com/thyroid2023](http://keckusc.cloud-cme.com/thyroid2023)  
**Phone:** (323) 442-2555 | **Fax:** 1 (888) 665-8650 **AMEX, Mastercard, Visa**  
**Email:** [usccme@usc.edu](mailto:usccme@usc.edu)

**On-site:** **Live registration:** Available June 3, 7:00 am, HSC Conference Center.  
**Virtual registration:** Available until 9:00 am, PDT on June 3.  
Visa or Mastercard: [keckusc.cloud-cme.com/thyroid2023](http://keckusc.cloud-cme.com/thyroid2023)

NAME \_\_\_\_\_ DEGREE \_\_\_\_\_

MEDICAL LICENSE NUMBER \_\_\_\_\_

TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_

EMAIL ADDRESS\* \_\_\_\_\_

INSTITUTIONAL AFFILIATION \_\_\_\_\_

\*Registration confirmation and event reminder will be emailed.

#### METHOD OF PAYMENT:

No cash payment accepted.

☐ Check (Check payable to USC. Check payment must be postmarked by May 30, 2023)

☐ Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

AUTHORIZED SIGNER \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_

COURSES ARE SUBJECT TO CANCELLATION.



# Keck School of Medicine of USC

Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033

Non-Profit  
U.S. Postage  
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University  
of Southern  
California



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