

# Keck School of Medicine of USC

Presented By:

USC Department of Medicine, Division of Endocrinology and Diabetes and USC Office of Continuing Medical Education

# PROGRAM AGENDA

7:00 am Live Registration Opens and Continental Breakfast

7:45 am Virtual Login Begins

8:00 am Director's Welcome and Announcements

Alyssa Lampe Dominguez, MD

Session I

Moderator: Alyssa Lampe Dominguez, MD

8:10 am Pathogenesis of Obesity: Nature or Nurture?

Katie Page, MD, MS

8:40 am Medical Management of Obesity

Kurt Hong, MD, PhD

9:10 am Can Surgery Cure Diabetes?

Kamran Samakar, MD, MA

9:45 am Questions and Answers

10:05 am Break

#### Session II

Moderator: Alyssa Lampe Dominguez, MD

10:25 am What's New in Medical Management of Diabetes? 2022 Guidelines Update

Alyssa Lampe Dominguez, MD

10:55 am Personalized Management of Type 2 Diabetes

Donna J. Miller, MSN, FNP-C

11:25 am USC Lifestyle Redesign for Management of Diabetes

Beth Pyatak, PhD, OTR/L

11:55 am Questions and Answers

12:15 pm Lunch

**Session III** 

Moderator: Alyssa Lampe Dominguez, MD

1:15 pm Does Use of Technology in Diabetes Improve Patient Outcomes? An Expert Perspective

Anne L. Peters, MD

1:45 pm Pancreas Transplant in the 21st Century: A Surgical Treatment for Diabetes

Jim Kim, MD

2:15 pm Reducing Cardiovascular Risk Using Anti-Hyperglycemic Medications

Merri L. Pendergrass, MD, PhD

2:45 pm Questions and Answers

3:05 pm Closing Remarks

Alyssa Lampe Dominguez, MD

3:10 pm Adjourn

### **FACULTY**

# **COURSE DIRECTOR**

#### Alyssa Lampe Dominguez, MD

Assistant Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

#### **PLANNING COMMITTEE**

#### John D. Carmichael, MD

Associate Professor of Clinical Medicine
Clinical Chief
Division of Endocrinology and Diabetes
Co-Director, USC Pituitary Center
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

#### Peter A. Singer, MD

Professor of Clinical Medicine Division of Endocrinology and Diabetes Keck School of Medicine of USC Los Angeles, CA

## **KECK SCHOOL OF MEDICINE**

Faculty

#### Kurt Hong, MD, PhD

Professor of Clinical Medicine Director, Center for Clinical Nutrition & Applied Health Research Department of Medicine

#### Jim Kim, MD, FACS

Director, Kidney & Pancreas Transplantation

Department of Surgery

#### Donna J. Miller, MSN, FNP-C

USC Westside Center for Diabetes Division of Endocrinology Beverly Hills, CA

#### Katie Page, MD, MS

Associate Professor of Medicine Director, Diabetes and Obesity Research Institute Department of Internal Medicine Division of Endocrinology and Diabetes

#### Anne L. Peters, MD

Professor of Clinical Medicine Clinical Scholar Division of Endocrinology and Diabetes

#### Kamran Samakar, MD, MA, FACS, FASMBS

Associate Professor of Surgery Director, Metabolic & Bariatric Surgery Department of Surgery

# OSTROW SCHOOL OF DENTISTRY OF USC

Faculty

#### Beth Pyatak, PhD, OTR/L, CDCES, FAOTA

Associate Professor
USC Chan Division of Occupational Science and
Occupational Therapy

#### **GUEST FACULTY**

#### Merri L. Pendergrass, MD, PhD

Professor of Medicine
Director, Adult Diabetes Program
Clinical Chief, Division of Endocrinology,
Diabetes and Metabolism
Director, Endocrinology, Diabetes
& Metabolism Fellowship Program
Department of Medicine
College of Medicine Tucson
University of Arizona
Tucson, AZ

# COURSE DESCRIPTION

USC presents the inaugural year of the USC Diabetes Symposium 2022.

This hybrid program, offered in person and over virtual platform, presents updates in the field of diabetes and obesity management with evidence-based medical, surgical, technological and behavioral management of these complex diseases.

Highlighted are areas of advancement include medical and surgical management of obesity, new guideline recommendations for the management of type 2 diabetes, with personalized strategies for each patient, optimal use of technology in the care of patients with diabetes, and cardiovascular risk reduction in patients with diabetes.

Presentations from experts in the fields of diabetes, obesity, bariatric and transplant surgery will help inform clinical practice in the management of these complex diseases with a rapidly-evolving base of evidence

# **COURSE OBJECTIVES**

By the end of the course, participants will be able to:

- Discuss the 2022 ADA guidelines for the management of type 2 diabetes.
- Understand the pathogenesis of obesity and its complications.
- Develop personalized management plans for patients with type 2 diabetes.
- · Identify candidates for surgical management of obesity and diabetes.
- · Recognize lifestyle management techniques that have proven benefit in patients with diabetes.
- · Identify patients that would benefit from the addition of diabetes technology.
- Discuss strategies for lowering cardiovascular risk in patients with type 2 diabetes.

# TARGET AUDIENCE

This course is intended for endocrinologists, primary care providers, nurses, trainees and other allied health professionals that care for those with diabetes and obesity to select individualized treatments for these complex patients.

# **ACCREDITATION STATEMENT**

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

# CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply AMA PRA Category 1 Credit(s)™ for license renewal: Registered Nurses may report up to 5.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that AMA PRA Category 1 Credits $^{7M}$  accredited courses are acceptable CME requirements for recertification.

# **COVID-19 GUIDELINES**

COVID-19 guidelines issued by the Centers for Disease Control, Los Angeles County and the University of Southern California will be strictly observed. If live attendance is discouraged as conference date approaches, the conference will be fully virtual.

#### **REGISTRATION FORM**

## **USC Diabetes Symposium 2022** Hybrid Conference - October 22, 2022

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Live or Virtual Tuition:	Early-Bird Registration: Closes October 19, 2022 at 12:00 pm PDT Choose one: ☐ Live Attendance ☐ Virtual Attendance				
	□ \$125 MD/DO □ \$100 NP/PA/APP □ \$100 RN/AH				
	☐ \$25 Students, Residents, Fellows				
	On-Site Registration: October 22, 2022 at 7:00 am				
	\$150 MD/DC	\$125 NP/PA/APP	\$125 RN/AH	\$25 Students, Resid	ents, Fellows
Cancellation:	Cancellations must be received by the USC Office of CME (fax or email) by October 19, 2022, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied after October 19. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.				
Location:	Catherine and Joseph Aresty Conference Center, in the lower ground level of the Harlyne J. Norris Cancer Research Tower on the USC Health Sciences Campus 1450 Biggy Street, Los Angeles, CA 90033				
Parking:	\$14 at Biggy Parking Structure (P8): 1334 Biggy Street at Zonal Avenue, Los Angeles, on the USC Health Sciences Campus				
Register:	Mail: Online: Phone: Email: On-site:	1540 Alcazar Street, CHP 223, Los Angeles, CA 90033 Mail-in registration must be postmarked by October 19, 2022. keckusc.cloud-cme.com/diabetes2022 (323) 442-2555 I Fax: 1 (888) 665-8650 AMX, Mastercard, Visa usccme@usc.edu Live registration: Available October 22, 7:00 am, Aresty Conference Center. Virtual registration: Available until 9:00 am, PDT on October 22. Visa or Mastercard: keckusc.cloud-cme.com/diabetes2022.			
NAMEDEGREE					
MEDICAL LICENSE NUMBER					
TELEPHONE		_			
ADDRESS					
CITY		ST	ATE	ZIP	
SPECIALTY					
EMAIL ADDRESS*					
INSTITUTIONAL AFFILIATION					
*Registration confirmation and event reminder will be emailed.					
METHOD OF PAYMENT:					
No cash payment accepted.  Check (Check payable to USC. Check payment must be postmarked by October 19, 2022)					
☐ Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)					
CREDIT CARD NUMBER					



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Office of Continuing Medical Education 1540 Alcazar Street, CHP 223 Los Angeles, CA 90033



USC Diabetes Symposium 2022 October 22, 2022

**Hybrid Conference** 

**USC Health Sciences Campus** 

**Aresty Conference Center** 

1450 Biggy Street, Los Angeles, CA 90033