

# Keck School of Medicine of **USC**



## 2025 Perinatal Medicine Conference

Monday, January 20–23, 2025

**Hyatt Regency Maui**  
Ka'anapali Beach in Maui, Hawaii

**EARN:**

**Up to 19 AMA PRA  
Category 1 Credits™**

**Presented by:**

Department of Obstetrics and Gynecology and  
USC Office of Continuing Medical Education



# PROGRAM AGENDA

## Monday, January 20, 2025

*Moderator: Joseph G. Ouzounian, MD, MBA*

- 6:30 am Registration and Breakfast
- 7:15 am Increasing Inductions -  
The Case for Outpatient  
Cervical Ripening  
*Kimberly D. Gregory, MD, MPH*
- 7:45 am Everything You Need to Know  
About National Guidelines on  
Perinatal Mental Health: Part I  
*Emily C. Dossett, MD*
- 8:15 am Update on Diabetes in  
Pregnancy  
*Joseph G. Ouzounian, MD, MBA*
- 8:45 am Break
- 9:00 am Panel Discussion
- 10:00 am Planned Cesarean vs.  
Planned Vaginal Birth  
*Vincenzo Berghella, MD*
- 10:45 am Update on Hypertension in  
Pregnancy  
*Marc H. Incerpi, MD*
- 11:30 am Panel Discussion
- 12:15 pm Adjourn

## Tuesday, January 21, 2025

*Moderator: Marc H. Incerpi, MD*

- 6:30 am Registration and Breakfast
- 7:15 am Effective Management of  
Shoulder Dystocia  
*Joseph G. Ouzounian, MD, MBA*
- 7:45 am Cervical Length for Prediction  
of Preterm Birth  
*Vincenzo Berghella, MD*
- 8:15 am Trauma Informed Care  
*Kimberly D. Gregory, MD, MPH*
- 8:45 am Break
- 9:00 am Panel Discussion
- 10:00 am Everything You Need to Know  
About National Guidelines on  
Perinatal Mental Health: Part II  
*Emily C. Dossett, MD*
- 10:45 am Evidence-Based Labor  
Management  
*Vincenzo Berghella, MD*
- 11:30 am Panel Discussion
- 12:15 pm Adjourn

## Wednesday, January 22, 2025

*Moderator: Joseph G. Ouzounian, MD, MBA*

- 6:30 am Registration and Breakfast
- 7:15 am Pregnancy Outcomes at the  
Extremes of Reproduction  
*Marc H. Incerpi, MD*
- 7:45 am Antibiotic Stewardship  
*Brian Gordon, MD, MSPH*
- 8:15 am Cerclage for Prevention of  
Preterm Birth  
*Vincenzo Berghella, MD*
- 8:45 am Break
- 9:00 am Panel Discussion
- 10:00 am What You (Yes You!) Can Do to  
Decrease Maternal Morbidity  
and Mortality  
*Kimberly D. Gregory, MD, MPH*
- 10:45 am The Elephant in the Room:  
Managing Anxiety in Perinatal  
People  
*Emily C. Dossett, MD*
- 11:30 am Panel Discussion
- 12:15 pm Adjourn

## Thursday, January 23, 2025

*Moderator: Marc H. Incerpi, MD*

- 6:30 am Registration and Breakfast
- 7:15 am Management of Postpartum  
Hemorrhage  
*Brian J. Gordon, MD, MSPH*
- 7:45 am Common Dilemmas in Perinatal  
Antidepressant Management  
*Emily C. Dossett, MD*
- 8:15 am Happiness in OB/GYN  
*Vincenzo Berghella, MD*
- 8:45 am Break
- 9:00 am Panel Discussion
- 10:00 am Women's Preventative Services  
Initiative (WPSI): What Is It and  
What Can You Do?  
*Kimberly D. Gregory, MD, MPH*
- 10:45 am Diagnosis and Management of  
Fetal Growth Restriction  
*Marc H. Incerpi, MD*
- 11:30 am Panel Discussion
- 12:15 pm Adjourn

## COURSE DESCRIPTION

This course offers a review of important and timely topics in the field of perinatal medicine. Based on a review of the literature, input from our own expert faculty, and analyses from past conferences, we are proud to offer a comprehensive program with topics including: evidence-based guidelines and standardized safety principles for managing cervical length abnormalities and preterm birth; disparities in maternal health; fetal growth restriction; effective management of shoulder dystocia; and trauma informed care. In addition, evidence is examined to set a practical, clinical approach to antibiotic management, diabetes, and labor induction. Valuable insights are provided into various mental health conditions in pregnancy and postpartum. Lectures by faculty from the Keck School of Medicine of USC and distinguished guest faculty from the Thomas Jefferson School of Medicine and Cedars Sinai Medical Center outline controversies, discuss recent developments, and suggest recommendations. Participants have direct access to the speakers and ample opportunity for intensive question and answer post-lecture discussions.

### TARGET AUDIENCE

The program was developed for gynecologists, obstetricians, perinatologists, neonatologists, nurses, nurse midwives and other allied health professionals. It is USC's mission for this educational opportunity to provide participants with objective, evidence-based clinical content, to incorporate into their practices, improve clinical care, and further the well-being of their patients.

### COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Assess current literature regarding the management of shoulder dystocia.
- Formulate a practical plan to manage preterm labor.
- Describe and incorporate a treatment plan for diabetes in pregnancy.
- Apply practical tips to thoroughly assess and manage fetal growth restriction in pregnancy.
- Describe a practical approach to work-up of anxiety and depression.
- Assess the controversies surrounding maternal mortality.
- Construct a practical algorithm for the management of trauma in pregnancy.
- Describe the risks and treatment strategies for lower cesarean section rates.
- Describe strategies to increase work-life balance in obstetrics and gynecology.

### ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 19 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 19 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credit(s)™* accredited courses are acceptable CME requirements for recertification.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada and approved by the Keck School of Medicine of USC. You may claim a maximum of 19 hours.

For more information visit: [www.royalcollege.ca](http://www.royalcollege.ca)

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## FACULTY

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### COURSE DIRECTOR

Keck Medicine of USC

#### **Joseph G. Ouzounian, MD, MBA**

Course Director

Daniel R. Mishell Jr., MD Endowed Professor and Chair  
Department of Obstetrics & Gynecology

### GUEST FACULTY

#### **Vincenzo Berghella, MD**

Professor

Director, Division of Maternal-Fetal Medicine  
Director, Maternal-Fetal Medicine  
Fellowship Program  
Thomas Jefferson University  
Philadelphia, PA

#### **Kimberly D. Gregory, MD, MPH**

Helping Hand of Los Angeles-The Mariam  
Jacobs Chair in Maternal Fetal Medicine  
Vice Chair Women's Healthcare  
Quality & Performance Improvement  
Division Director & Fellowship Director,  
Division of Maternal Fetal Medicine  
Professor, Department Obstetrics & Gynecology  
Cedars-Sinai Medical Center  
Los Angeles, CA

### KECK SCHOOL OF MEDICINE FACULTY

#### **Emily C. Dossett, MD**

Clinical Associate Professor of Psychiatry &  
the Behavioral Sciences  
(Clinician Educator)  
Department of Obstetrics & Gynecology

#### **Brian J. Gordon, MD, MSPH**

Assistant Professor of Clinical Obstetrics  
and Gynecology  
Associate Chief, Maternal-Fetal Medicine  
Department of Obstetrics & Gynecology

#### **Marc H. Incerpi, MD**

Professor of Clinical Obstetrics & Gynecology  
Division of Maternal-Fetal Medicine  
Associate Program Director, OB/Gyn Residency  
Department of Obstetrics & Gynecology

## REGISTRATION INFORMATION

### TUITION

Early-bird registration closes January 3, 2025, noon PST.

**\$1,300 MD/DO**

**\$1,200 NP/PA/APP**

**\$1,200 RN/AH**

**\$60 Optional Printed Syllabus.** Must be pre-ordered and paid by January 12, 2024.

*Note: Course proceedings distributed the week prior to the program via online link.*

**For registration after January 3, 2025, noon PST, tuition adjusts to on-site prices, available by telephone only.**

**On-site registration available from January 20-23, 2025.**

**\$1,400 MD/DO**

**\$1,300 NP/PA/APP**

**\$1,300 RN/AH**

### OPTIONAL GUEST BREAKFAST PASS

Daily breakfast at the conference is for paid registered attendees only.

You may have the option of purchasing a breakfast pass for each guest who would like to accompany you to breakfast at the conference for the week only (January 20-23, 2025). Non-refundable and must be purchased by January 3, 2025.

**\$190 for adults**

**\$120 for children under age 10**

### CANCELLATION POLICY

Registration cancellations must be emailed to the USC Office of CME by January 3, 2025 for a refund to be issued. A \$50 cancellation fee will be applied. USC will not refund any travel costs incurred. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. This does not include any travel costs incurred.

### STRICTLY ENFORCED

In order to provide a distraction-free environment optimized for learning, infants, children, or unregistered adults are not permitted in the meeting area at any time. Thank you for your understanding and cooperation.

### CURRENCY

All registration payments must be in U.S. currency. Personal checks, bank drafts, or money orders must be issued from U.S. banks. A \$25 fee will be applied to process payments submitted in other than U.S. dollars or when there is a disparity in the calculated rate of exchange.

### REGISTER FOR COURSE

Early registration and travel booking is advised.

Online: [keckusc.cloud-cme.com/perinatal2025](https://keckusc.cloud-cme.com/perinatal2025)

Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033

Phone: (323) 442-2555

Email: [usccme@usc.edu](mailto:usccme@usc.edu)

Fax: (323) 442-3734

On-site: Hyatt Regency Maui, Monarchy Ballroom Foyer, January 20, 2025, 6:30 am.

## CONFERENCE LOCATION

Hyatt Regency Maui: 200 Nohea Kai Drive, Lahaina, Hawaii 96761-1985

Telephone Number: (808) 661-1234

Internet access is provided in the meeting room. Electricity availability is limited.

## HOTEL

The *2025 Perinatal Medicine Conference* will be held at the Hyatt Regency Maui Resort and Spa on Ka'anapali Beach. This beach front property features beautiful grounds with exotic wildlife and extensive nature-inspired swimming pools with rope bridges, waterfalls, grottoes and waterslides. Walking-distance to Whaler's Village. Golf is available at Ka'anapali's two popular courses.

## NIGHTLY DISCOUNTED GROUP ROOM RATES

**Golf/Mountain View: \$399**

**Partial Ocean View: \$449**

**Deluxe Ocean View: \$469**

Online: [www.perinatalhawaii.com](http://www.perinatalhawaii.com)

Phone: Hyatt at (877) 803-7534, refer to the "USC Perinatal Medicine" conference rate at the Hyatt Regency Maui.

Travel Dates: Arrival Saturday, January 18, check-out Friday, January 24, 2025. Rooms may be reserved at the group rate three days before and after the main dates, subject to availability.

Our group rates include discounted resort fee of \$10 (usually \$45) and complimentary self-parking (usually \$27 per day). The resort fee covers WiFi, fitness center admission and shuttles to Ka'anapali.

Tax of 17.42% is not included and will be added to your room charges. Rates are for up to two persons in a room. Additional adults over 18 are charged \$80 per night, plus tax. Maximum occupancy is four per room. Children 18 and under are free when using existing bedding.

## DEPOSITS AND CANCELLATIONS

A two-night deposit (room rate and tax) is required at time of booking. The deposit is fully refundable 30 days prior to arrival. Cancellations made after that time are subject to the following charges: 30 days to eight days before arrival, one night room and tax. Cancellations seven days or less before arrival, two night's room and tax.

## RENTAL CARS AND TRAVEL INFORMATION

Please visit [www.perinatalhawaii.com](http://www.perinatalhawaii.com) for online reservations and specially discounted rental car rates for the conference. Maui's Kahului Airport (OGG) is located 27 miles from the Hyatt Regency Maui, about 45 minutes by car. Hotel self-parking is included for members traveling on our official group rates.

# REGISTRATION FORM

## 2025 Perinatal Medicine Conference: January 20-23, 2025

Hyatt Regency Maui: 200 Nohea Kai Drive, Lahaina, Hawaii 96761-1985

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Tuition does not include air travel and hotel accommodations.

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**\$1,200 RN/AH**

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**\$120 for children under age 10**

### REGISTRATION INFORMATION

Name \_\_\_\_\_

Degree \_\_\_\_\_ Medical License Number \_\_\_\_\_

Specialty \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address\* \_\_\_\_\_

Institutional Affiliation \_\_\_\_\_

Special Dietary or Physical Needs \_\_\_\_\_

\* Correspondence and confirmations are sent by email.

### METHOD OF PAYMENT

No cash accepted.

Check Payable to USC. Check payment must be postmarked by January 3, 2025.

Credit Card American Express, Mastercard or Visa

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security code \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Amount \$ \_\_\_\_\_

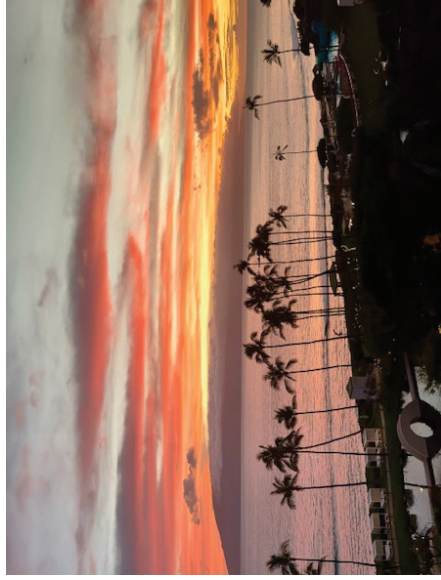


# Keck School of Medicine of USC

Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033



## **2025 Perinatal Medicine Conference**

**January 20-23, 2025**

**Hyatt Regency Maui**

**200 Nohea Kai Drive**

**Ka'anapali Beach in Maui, Hawaii**

Non-Profit  
U.S. Postage  
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University  
of Southern  
California