

Keck School of Medicine of USC



EARN:

Up to 19.75 AMA PRA
Category 1 Credits™
Plus ABIM MOC

53rd Annual USC Internal Medicine for PCPs and Rheumatologists

Monday, March 9 – Thursday, March 12, 2026

Hyatt Regency Maui

Ka'anapali Beach in Maui, Hawaii

Presented by:

Department of Medicine and
USC Office of Continuing Medical Education



PROGRAM AGENDA

Monday, March 9, 2026

- 6:30 amRegistration and Coffee Service
- 7:00 amWelcome
Moderator: Ron Ben-Ari, MD
- 7:05 amHawaiian Blessing Ceremony
- 7:15 amObesity Medications: Beyond Weight Loss —Practical Counseling for Patients
Sharon Orrange, MD, MHS
- 7:35 amThyroid Screening and Evaluation for Primary Care
Braden Barnett, MD
- 7:50 amMetabolic Dysfunction-Associated Steatotoic Liver Disease (MASLD)
Russell Yang, MD
- 8:05 amPanel Discussion
- 8:25 amBreakfast Break
- 9:15 amCoronary Stenting: Why it is Still a Great Therapy
Ray Matthews, MD
- 9:30 amBiologic Therapy for Asthma and COPD
Toby Maher, MD, PhD
- 9:45 amAngioedema: Beyond the Swelling-Recognition and Management in Primary Care
Asal Gharib Naderi, MD
- 10:00 amPanel Discussion
- 10:15 amMenopause & Midlife Health: Cardiometabolic Risks, Cognition, and Care Gaps
Sharon Orrange, MD, MHS
- 10:30 amOsteoporosis
Braden Barnett, MD
- 10:50 amDrug Allergy in 2026: Evidence-Based Approaches for the Internist
Asal Gharib Naderi, MD
- 11:10 amPanel Discussion
- 11:25 amBreak
- 11:40 amConstipation
Russell Yang, MD
- 12:00 pmTAVR for Everyone?
Ray Matthews, MD
- 12:20 pmPanel Discussion
- 12:35 pmAdjourn

Tuesday, March 10, 2026

- 6:30 amRegistration and Coffee Service
- 7:00 amWelcome
Moderator: Ron Ben-Ari, MD
- 7:05 amManaging Bronchiectasis: More Than Just Airway Clearance
Toby Maher, MD, PhD
- 7:25 amBeyond Benadryl: Modern Management of Hives
Asal Gharib Naderi, MD
- 7:45 amInflammatory Bowel Disease
Russell Yang, MD
- 8:05 amPanel Discussion
- 8:25 amBreakfast Break
- 9:15 amAssessment of the Breathless Patient
Toby Maher, MD, PhD

- 9:30 amDiabetes and Inflammation
Braden Barnett, MD
- 9:45 amFrom Peanuts to Prevention: The New Era of Food Allergy Care
Asal Gharib Naderi, MD
- 10:00 amPanel Discussion
- 10:15 amWhy Sleep Quality Matters: Sleep Architecture, Health, and the Role of Wearables
Sharon Orrange, MD, MHS
- 10:30 amMitral Regurgitation-Clip vs. Surgery
Ray Matthews, MD
- 10:50 amAdrenal Suppression By Steroids
Braden Barnett, MD
- 11:10 amPanel Discussion
- 11:25 amBreak
- 11:40 amTo Bleed or Not to Bleed: Appendage Occlusion for AFib
Ray Matthews, MD
- 12:00 pmIgG4-Related Pancreatitis
Russell Yang, MD
- 12:20 pmPanel Discussion
- 12:35 pmAdjourn

Wednesday, March 11, 2026

- 6:30 amRegistration and Coffee Service
- 7:00 amWelcome
Moderators: Daniel G. Arkfeld, MD and Francisco P. Quismorio, Jr., MD
- 7:05 amRheum Derm Cases
Ashley Crew, MD
- 7:25 amKnee Rehabilitation for Osteoarthritis
Yogi Matharu, PT, DPT, OCS, MBA
- 7:45 amEhlers-Danlos Syndrome
Christine Alexopoulos, PA-C
- 8:05 amPanel Discussion
- 8:25 amBreakfast Break
- 9:15 amComplementary Therapies for General Health and Longevity: Fact, Fiction, and Future Promise
Sharon Orrange, MD, MHS
- 9:30 amSmall Fiber Neuropathy in Rheumatic Diseases
Glenn R. Ehresmann, MD
- 9:45 amUpdate on the Diagnosis and Treatment of Interstitial Lung Disease
Toby Maher, MD, PhD
- 10:00 amPanel Discussion
- 10:15 amDry Mouth: Is it Sjogren's
Baljeet Rai, MD
- 10:30 amRelapsing Polychondritis
Tracy Nguyen-Oghalai, MD
- 10:50 amFluctuating Ear Fullness and Hearing Loss. How Can ENT and Rheumatology Work Together?
John S. Oghalai, MD
- 11:10 amAdvanced Regimens with Biologic/ Targeted Synthetic Agents
Janet Cho, PharmD, BCGP

PROGRAM AGENDA

11:25 am	Break	9:15 am	Fascinating Fellow Cases <i>Francisco P. Quismorio, Jr., MD</i> <i>Ana Leal Bramasco, MD,</i> <i>Martha Delgado, MD,</i> <i>Valeria Esparza, MD</i>
11:40 am	Facial Rash-Is it Lupus? <i>Ashley Crew, MD</i>	9:45 am	Lupus Nephritis <i>Leanna Marderian Wise, MD, MPH</i>
12:00 pm	Stump the Chump Hawaiian Style <i>Daniel G. Arkfeld, MD and Fellows</i>	10:00 am	Panel Discussion
12:35 pm	Adjourn	10:15 am	Joint Pain Workup <i>Christine Alexopoulos, PA-C</i>
Thursday, March 12, 2026		10:30 am	Gout: Treat to Target <i>Jeff R. Peterson, MD</i>
6:30 am	Registration and Coffee Service	10:50 am	Pain Management in Rheumatoid Arthritis <i>Allison Chacon, PharmD, APh</i>
7:00 am	Welcome <i>Moderators: Daniel G. Arkfeld, MD and Francisco P. Quismorio, Jr., MD</i>	11:10 am	Panel Discussion
7:05 am	Behcet's Syndrome <i>Leanna Marderian Wise, MD, MPH</i>	11:25 am	Break
7:25 am	Somatic Therapy in Rheumatology <i>Allison Arkfeld, MA, LMFT</i>	11:40 am	Shoulder Pain Therapy <i>Yogi Matharu, PT, DPT, OCS, MBA</i>
7:45 am	Spondyloarthritis 2026 <i>Baljeet Rai, MD</i>	12:00 pm	Pearls in the Treatment of Rheumatoid Arthritis <i>Glenn R. Ehresmann, MD</i>
8:05 am	Panel Discussion	12:20 pm	Panel Discussion
8:25 am	Breakfast Break	12:35 pm	Adjourn

COURSE DESCRIPTION

The 53rd Annual USC Internal Medicine for PCPs & Rheumatologists course is designed especially for internists, family physicians, generalist physicians, rheumatologists, and allied health professionals who care for adults. This four-day course provides participants with a series of interactive lectures by USC and guest faculty experts spanning a wide array of contemporary and important topics for primary care practitioners and rheumatologists, and panel discussions in which participants engage our faculty experts with questions arising from the presentations. Participants will be able to attain new and practical knowledge for integration into their clinical practices to improve patient care and patient outcomes.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Apply up-to-date evidence to: diagnose and manage the cardiometabolic and cognitive consequences of menopause; prescribe obesity medications and provide practical counseling to people with obesity; address sleep quality in people with sleep disorders; discuss complementary therapies and whether they impact health and longevity; manage constipation.
- Apply current evidence and guidelines to: determine in whom to perform a TAVR; choose between a clip vs. surgery for mitral valve repair; discuss the risks and benefits of appendage occlusion vs. chronic anticoagulation in people with atrial fibrillation; support the value of coronary artery stenting.
- Discuss up-to-date evidence to: manage people with drug allergy; manage urticaria; identify and care for people with food allergies; recognize and manage angioedema; identify and manage common dermatologic conditions; treat osteoporosis; manage withdrawal of systemic steroids in rheumatologic illness; screen for and manage thyroid dysfunction; examine the impact of inflammation in diabetes.
- Apply diagnostic and treatment strategies to manage: interstitial lung disease; asthma and COPD; the breathless patient; bronchiectasis; IgG4 pancreatitis; inflammatory bowel disease; metabolic dysfunction-associated steatotic liver disease (MASLD); pain in rheumatologic illness with exercise.
- Apply the latest evidence to: discuss and manage the overlap of neurology and rheumatology; examine the unique considerations of rheumatology care in the intensive care unit; diagnose and manage mixed connective tissue disorder, Ehlers-Danlos Syndrome, crystal arthropathies, rheumatoid arthritis, and the psychological impact of rheumatologic illness.
- Interpret diagnostic tests and determine treatment approaches for rheumatologic problems in primary care and specialty practices: ANA testing; SLE; vasculitis; Sjogren's.

FACULTY
COURSE DIRECTORS
KECK MEDICINE OF USC



Ron Ben-Ari, MD, FACP

Professor of Clinical Medicine
and Medical Education
Senior Associate Dean
for Medical Education
Departments of Medicine
and Medical Education



Daniel G. Arkfeld, MD

Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

KECK SCHOOL OF MEDICINE OF USC FACULTY

Christine Alexopoulos, PA-C

Clinical Instructor of Medicine (Practitioner)
Division of Rheumatology
Department of Medicine

Braden Barnett, MD

Clinical Assistant Professor of Medicine
Division of Endocrinology and Diabetes
Department of Medicine

Ashley Crew, MD

Professor of Dermatology and Medicine
Residency Program Director
Department of Dermatology

Glenn R. Ehresmann, MD

Clinical Associate Professor of Medicine
Division of Rheumatology
Department of Medicine

Toby Maher, MD, PhD

Professor of Clinical Medicine
Division of Pulmonary,
Critical Care, and Sleep Medicine
Department of Medicine

Ray Matthews, MD

Professor of Clinical Medicine
Director of Interventional Cardiology
and Catheterization Laboratories
Director, CVI Outreach & Network Development
Division of Cardiovascular Medicine
Department of Medicine

Asal Gharib Naderi, MD

Clinical Associate Professor of Medicine
Division of General Internal
Medicine and Allergy & Immunology
Department of Medicine

Tracy Nguyen-Oghali, MD

Clinical Assistant Professor of Medicine
Division of Rheumatology
Department of Medicine

John S. Oghalai, MD

Leon J. Tiber and David S. Alpert
Chair of Medicine
Professor of Otolaryngology-Head &
Neck Surgery and Viterbi School of
Engineering, Biomedical Engineering
USC Caruso Department of Otolaryngology-
Head & Neck Surgery

Sharon Orrange, MD, MHS

Associate Professor of Clinical Medicine
Senior Scholar, USC Schaeffer Institute
Division of General Internal Medicine
Department of Medicine

**Francisco P. Quismorio, Jr., MD,
MACR, FACP**

Professor of Medicine and Pathology
Division of Rheumatology
Department of Medicine

Baljeet Rai, MD

Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Leanna Marderian Wise, MD, MPH

Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

FACULTY

RHEUMATOLOGY PHARMACISTS

Allison Chacon, PharmD, APH

Assistant Professor of Clinical Pharmacy
USC Mann School of Pharmacy
and Pharmaceutical Sciences

Janet Cho, PharmD, BCGP

Clinical Staff Pharmacist
Autoimmune Conditions
USC Mann School of Pharmacy
and Pharmaceutical Sciences

PHYSICAL THERAPY

Yogi Matharu, DPT, OCS, MBA

Associate Chair, Clinical Services
Director of Physical Therapy
Keck Hospital of USC and
USC Norris Comprehensive Cancer Center
Division of Biokinesiology and Physical Therapy
Herman Ostrow School of Dentistry of USC

GUEST FACULTY

Allison Arkfeld, MA, LMFT

Somatic Psychotherapist
Carlsbad, CA

Jeff R. Peterson, MD

Associate Professor of Medicine
University of Washington and WSU's
Elson S. Floyd College of Medicine
President, Washington Rheumatology Alliance
Bothell, WA

Russell Yang, MD

Queens Hospital
Division of GI
Honolulu, HI

KECK SCHOOL OF MEDICINE OF USC

Second Year Fellows**Division of Rheumatology**

Ana Leal Bramasco, MD
Martha Delgado, MD
Valeria Esparza, MD

TARGET AUDIENCE

This course is intended for practicing internists, family medicine physicians, subspecialist physicians and allied health personnel who care for adults and who seek to enhance their understanding of internal medicine and available treatment options to optimize the management of their patients.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 19.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 19.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credit(s)™* accredited courses are acceptable CME requirements for recertification.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 19.75 ABIM MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification of the Royal College of Physicians and Surgeons of Canada and approved by the Keck School of Medicine of USC. You may claim a maximum of 19.75 hours. For more information, visit: www.royalcollege.ca

HOTEL RESERVATIONS AND TRAVEL SERVICES

HOTEL

The 53rd Annual USC Internal Medicine for PCPs & Rheumatologists conference will be held at the Hyatt Regency Maui Resort and Spa on Ka'anapali Beach. This beach front property features beautiful grounds with exotic wildlife and extensive nature-inspired swimming pools with rope bridges, waterfalls, grottoes and waterslides. Golf is available at Ka'anapali's two popular courses.

NIGHTLY DISCOUNTED GROUP ROOM RATES

	King	Double/Double
Golf/Mountain View:	\$399	\$399
Ocean View:	\$459	\$459
Ocean Front View- Regency Club (concierge):	\$589	\$589

Please reserve early. These rates have sold out the last several years.

Reservation requests received after **February 6, 2026** will be accepted on a space and rate availability basis.

Room Reservations: www.uscinternalmedicine.com



Travel Dates: Arrival Saturday, March 7, check-out Friday, March 13, 2026. Rooms may be reserved at the group rate 3 days before and after the main dates, subject to availability. Conference dates are March 9-12, 2026.

A discounted resort fee of \$10 per night plus tax (usually \$74) **is not included** in the rates shown above. This covers a number of services such as Internet, fitness center admission and shuttles to Ka'anapali. Group members reserving at the official group rates are also entitled to complimentary overnight self-parking, usually \$27 per day.

Tax of 18.712% not included and will be added to your room charges. Rates are for one or two adults. Additional adults over 18 are charged \$80 per night. Maximum occupancy is 4 per room. Children 18 and under are free.

DEPOSITS AND CANCELLATIONS

Your credit card will be charged for a two night's deposit room and tax, at the time of booking. The deposit is fully refundable 60 days before arrival. Cancellations from 60 days to 8 days before arrival will be assessed a one night room and tax charge. Cancellations 7 days or less before arrival will be charged two nights room and tax.

Please visit www.uscinternalmedicine.com for online reservations and car rates for the conference. Maui's Kahului Airport (OGG) is located 27 miles from the Hyatt Regency Maui. Hotel self-parking is included for members traveling on our official group rates.

CURRENCY

All registration payments must be in U.S. currency. Personal checks, bank drafts, or money orders must be issued from U.S. banks. A \$25 fee will be applied to process payments submitted in foreign currency or when there is a disparity in the calculated rate of exchange.

REGISTRATION FORM

53rd Annual USC Internal Medicine for PCPs & Rheumatologists March 9-12, 2026

Hyatt Regency Maui: 200 Nohea Kai Drive, Ka'anapali, Hawaii 96761-1985

TUITION

Early bird fees for registration end on **February 23, 2026** at 12:00 pm PST. After February 23, 2026: Please register by telephone (323) 442-2555 or on-site on March 9, 2026.

Tuition does not include air travel and hotel accommodations.

REGISTER



	Early Bird	After February 23
MD/DO	☐ \$599	☐ \$699
NP/PA/APP	☐ \$499	☐ \$599
RN/AH	☐ \$499	☐ \$599

Note: Electronic syllabus and course proceedings are emailed the week before the program.

REGISTER FOR COURSE

Early registration and travel booking is advised.

Online: keckusc.cloud-cme.com/internalmedicine2026 **Visa or Mastercard only.**

Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033

Phone: (323) 442-2555 | Fax: (323) 442-3734 **AMEX, Visa or Mastercard**

Email: usccme@usc.edu

On-site: Hyatt Regency Maui, Monarchy Ballroom Foyer, March 9, 2026 at 6:30 am

CANCELLATION POLICY

Registration cancellations must be emailed to the USC Office of CME by February 23, 2026 for a refund to be issued. A \$50 cancellation fee will be applied. USC will not refund any travel costs incurred.

REGISTRATION INFORMATION

Name _____

Degree _____ Medical License Number _____

Specialty _____

Address _____

City _____ State _____ Zip Code _____

Phone Number _____

Email Address* _____

Institutional Affiliation _____

Special Dietary or Physical Needs _____

We strive to accommodate dietary recommendations. Please note that not all food items may meet requirements. Food items will be labeled for your convenience.

*Correspondence and confirmations are sent by email.

METHOD OF PAYMENT

No cash accepted.

☐ Check (Payable to USC. Check payment must be postmarked by February 23, 2026)

☐ Credit Card (Mastercard or Visa online, American Express by fax/phone/mail)

Credit Card Number _____

Expiration Date _____ Security code _____

Authorized Signature _____ Amount \$ _____

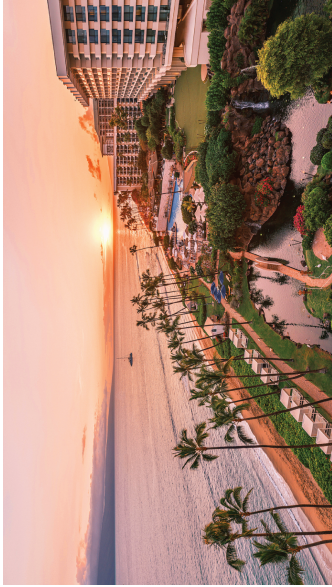


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Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033



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PAID
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